

# BRING IT IN



## A MESSAGE FROM TIINA

We, the staff of the National Ultimate Training Camp, are thrilled to have you all join us this week. Preparations have been underway for months to ensure that you have a safe, challenging and fun experience. It is now up to you to get the most you can out of camp. Ask questions. Perfect your throws. Learn a new strategy. Run hard. Go for a swim. Play disc golf. Most importantly, put a special effort into meeting new players from around the country. We guarantee that the friendships you make this week will continue as long as you play ultimate . . . and beyond.

# NUTC FACES



Ultimate Quote of The Day:

**“Ultimate is not a sport, it’s a way of life.”**

## TODAY’S SCHEDULE

- 2-4 p.m.** Registration
- 3:30 to 5:15** Pick-up on back fields
- 5:45** Dinner
- 6:45** Your choice: Disc Golf, DDC, Goaltimate  
Settle into your room
- 8:00** Get-To-Know-You Night  
Gould Cafeteria  
No Entrance without a FILLED water bottle
- 9:30** Floor Meeting
- 10** In Rooms
- 10:30** Lights out



This is how much talent we expect to see at the talent show.